# What's On in Reynoldston?

## Something Special for September! Singing for Fun.

You do not need to read music, there will be no audition. You will need a sense of humour! Here is your chance of singing well known songs, with your fellow singers. We are hoping to attract as many of you who have never sung in a choir and indeed, do not regard yourselves as singers. We can all gain so much fun by singing together.

The first meeting and singing will be on **Friday 2<sup>nd</sup> September in Reynoldston Village** Hall at 7.30pm. We will be discussing future location, the best day to meet (not a Friday) and times.

\*Do bring along any sheet music you have of your favourite songs.

Come along and sing!!!!

**Reynoldston Post Office and Community Shop....**is up and running with Manager Helen Lewis and Assistant Liz Beynon. The shop stocks fine wines; Welsh cheeses, free range eggs, wild bird food, newspapers, gifts and books, alongside many essential items for the house and kitchen.

You can order bread, fresh fruit, veg. and meat. Ready meals coming soon.

At the Post Office you can withdraw cash for most banks; undertake personal and business banking for most banks, buy foreign currency and travel insurance plus buy gift cards, mobile phone top ups and vehicle taxing........

Look out for Sunday morning opening.

# Ramblers Group..... Thursday 18th August

A circular walk from/back to the Lower Green, Reynoldston at 10.30 am to Burry Head. Bring a picnic.

#### **Biking Group.....**

On **Friday 19<sup>th</sup> August** the group meets at Aberdulais Falls Car Park to ride to Pontneddfechan. This is 20miles round trip. If you are not yet a member of the group then let John Bastiani know of your interest (01792 391492/jb@reynoldston.com)

**An August Special at Film Club....** *The Revenant* on Wednesday 24<sup>th</sup> August at 7.30pm. Worth seeing just to experience the attack by a bear on Leonard de Caprio plus stunning photography. Visitors most welcome at £4.00.

The World's Biggest Coffee Morning in Aid of Macmillan Support.....Friday 30<sup>th</sup> September 10.30am- 12 noon at Cefn Bryn House, Reynoldston (on road out to Fairy Hill. (There will be plenty of balloons and posters).

Are you going somewhere interesting in the coming months?....Please take a Welsh flag with you and take a photograph of you/family in front of the Taj Mahal, Disney World or on a ride at Alton Towers. Do the same if you meet someone famous. Then send the photograph and description to *Reynoldston News* (villagenews@reynoldston.com) for the *Fly the Flag* feature.

### A Date for your Diary......

Gower Players will be presenting *The Whole Truth* by Phillip Mackie on 17/18/19 November. This is a murder mystery with a difference. You will be aware of the murderer from the very beginning. An *edge of the seats experience*!

Tickets for sale in October from Reynoldston Post Office and Box Office

## Sorry but inevitable !.....

Autumn will be arriving soon and then the winter months. How about considering adding exercise to your weekly/monthly timetable?

There are the **Biking** and **Rambling Groups**.

**Indoor Bowls** really adds to your fitness. The Club can provide you with bowls and instruction at Reynoldston Village Hall on Wednesdays from 7.00pm (other than Film Night).

**Pilates** meets at the Hall on a Tuesday at 9.30am and **Badminton** on Thursdays from 7.30pm.

**The Keep Fit Classes** at the Hall are designed to concentrate on functional exercises (the movements you often do during the day, including walking, bending, lifting alongside exercises to make you even more supple). Mondays at 6.30pm or Wednesdays at 9.00am.